

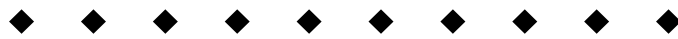


NEW YEAR

21 DAY
PRAYER & FAST

JOIN US FOR 21 DAYS TO RESET, REFOCUS, AND ALIGN YOUR YEAR WITH HIS PLAN!

GUIDE



2026

WHAT IS FASTING?

Fasting is *intentionally abstaining* from food for *spiritual purposes*; it is humbling your soul (Psalm 35:13, Matthew 23:12).

Fasting brings you into a deeper, more intimate and powerful relationship with the Lord.

Fasting is an *act of humility* before God to seek His *divine intervention* in the events of our physical world. It brings revelation by the Holy Spirit of our true spiritual condition, leading to brokenness, repentance, and change.

Fasting transforms prayer into a richer, more *personal experience* and draws you closer to God.

HOW TO FAST

DISCREETLY | Matthew 6:17-18 (NLT)

"But when you fast, comb your hair and wash your face. Then no one will notice that you are fasting, except your Father, who knows what you do in private. And your Father, who sees everything, will reward you."

WITH FAITH | HEBREWS 11:6 (NLT)

"And it is impossible to please God without faith. Anyone who wants to come to him must believe that God exists and that he rewards those who sincerely seek him."

WAYS TO FAST

We want everyone to take part in our 21 Days of Prayer & Fasting. Here are three options of fasting for you to choose from.

1. Daniel's Fast

Nutritional cleansing. This is based on the prophet Daniel in the Bible (Daniel 10:2-3) as he sought wisdom and understanding. The following pages give more details on this fast.

2. Partial Fast

Setting aside a specific time of the day to abstain from eating any type of food makes up a partial fast. For example you can choose from no eating from sunup to sundown or not having a certain meal of the day.

3. Custom Fast

You can customize this fast to your specific lifestyle - get off social media for a while? or avoid eating out? or fast for a specific day of the week? No what you choose, the key to remember is that as you remove something, you replace it with an increased focus on God.



**JESUS REPLIED,
“I AM THE BREAD OF LIFE.
WHOEVER COMES TO ME
WILL NEVER BE HUNGRY
AGAIN. WHOEVER BELIEVES
IN ME WILL NEVER BE
THIRSTY.”-John 6:35 NLT**

DANIEL'S FAST

FOODS TO EAT:

ALL FRUITS

Apples, peaches, berries, grapes, pineapples, oranges, bananas, melons, etc. (fresh/raw, frozen, dried, juiced, or canned in their own juice-not syrup).

ALL VEGGIES

Squash, lettuce, spinach, carrots, kale, broccoli, asparagus, cabbage, greens, corn, potatoes, sweet potatoes, etc. (fresh/raw, frozen, dried, or canned).

WHOLE GRAINS

Brown rice, oats, barley, grits, hot cereal, whole-wheat pasta, etc.

OTHER NATURAL FOODS

Beans and peas, seeds and nuts, oils, rice milk, soy milk, water, healthy beverages and smoothies (with no sugars or artificial preservative), spices, herbs, tofu, soy vinegar.

SWEETENERS

Honey, agave nectar.

DANIEL'S FAST FOODS TO AVOID:

FOODS TO AVOID:

- X - Meat (including poultry and seafood)
- X - White rice/white flour (no bread)
- X - Fried Foods
- X - Caffeine & Caffeinated Beverages
- X - Sugar & Artificial Sweeteners
- X - Dairy Products (butter, milk, eggs, etc.)

PLEASE NOTE:

While the expectations for the Daniel's Fast are clear as listed, we want to always consider the health and well-being of all participants.

Please always consider your own health conditions, seek wisdom from God and consult a medical professional when making the decision on what your personal fast will look like during these times.

DAY 1: SEEK GOD'S KINGDOM FIRST

Today we choose to seek God's Kingdom first in all things! As we begin a new year, we are making a decision to start our year prioritizing God. We are not making God's will and His word one of our many priorities, we are making Him THE priority. We are declaring we will seek His Kingdom first and surrender our worries, needs, dreams, and desires to Him. Matthew 6:33 says, "But seek first His Kingdom and His righteousness, and all these things will be given to you as well." This verse is an invitation. An invitation into a deeper knowledge of the Lord. As we stir our curiosity and passion for God's Kingdom by intentionally spending the next 21 Days pursuing more of Him, He will take care of our needs. When God is FIRST, everything else is FINE. By surrendering our anxieties, distractions, and desires, we put God in His rightful place on the throne of our hearts. In doing so, we find freedom in His presence and His provision. As we seek God's Kingdom first, we are reminded that our purpose, power, and help comes from Him. He is our ultimate source. He is a good father, and He loves us and wants to be in a relationship with us! When God is our priority, we can approach all other relationships, obligations, and tasks in line with His will for our lives. As we seek God's Kingdom first in all areas, we see transformation in Christ!

Application/ Reflection:

- What does it look like to seek God's Kingdom first in your life?
- What areas of your life compete for your priority?
- How can you seek a deeper relationship with God during this time of 21 days of prayer and fasting?

Notes:

Prayer:

God, today I am deciding to put You first. I surrender every distraction that has taken Your place in my life and I repent for the times I have missed the mark. Right now, I choose to surrender and seek You. I thank You that as I seek Your Kingdom, You are taking care of every detail of my life. I thank You, that I can trust in You and find freedom in surrender. I give You my plans to make room for Your will in my life. I pray that You use me to show Your love to the world. Have Your way. In Jesus' name, I pray, amen!

Scripture:

Matthew 6:33

"But seek first his kingdom and his righteousness, and all these things will be given to you as well."

2 Chronicles 7:14

"if my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land."

Deuteronomy 4:29

"But if from there you seek the Lord your God, you will find him if you seek him with all your heart and with all your soul."



21 Day Prayer & Fasting

DAY 2: PURIFY MY HEART AND MOTIVES

As we open up our hearts to the love of Christ, our hearts and motives are purified. Have you ever thought that you are too damaged, too broken, or too far from God to be used by Him? This idea that we must “fix” ourselves to come to God is a lie that can keep us trapped in shame and condemnation. The truth is, that God loves us deeply, and He wants to meet us wherever we are, despite our sins. God blesses who you are, not who you pretend to be. It is through an authentic relationship with God and receiving His love and mercy that we can open our hearts and minds to be purified by Him. We will always fall short of perfection and that is why we need Jesus, to save and renew our lives. It's about progression and not perfection! As we lean into His presence and receive the free gift of his salvation and love, He will transform us, leading us to repentance and righteousness. We repent for times when we missed the mark in our words, thoughts, and actions. As we experience His unconditional love, grace, and correction our hearts and motives are purified. Today, ask yourself, "What areas in my heart and motives can I surrender to the Lord, to purify and make me more like Him?" There is joy and freedom found as we open our hearts and motives to be purified in God. We are able to re-present God and extend His grace and love to those around us. Imagine how our lives and the lives of those around us can be transformed through this time, as we allow God to have His way in our hearts and minds!

Application/ Reflection:

- How is God speaking to you about your heart posture and motives today?
- What areas have you tried to fix on your own before submitting them to God?
- What would it look like to be transformed during this time of prayer and fasting to be more like Christ?

Prayer:

Lord, I thank You for Your grace and mercy. I thank You for Your goodness and love that will never leave me. I pray that You illuminate areas in my heart and motives where I am operating out of impurity. I repent for thoughts and actions that were unlike You. I pray for Your guidance and wisdom. Speak to me today! Renew my heart, restore my motives, and transform me for Your glory. In Jesus' name, I pray, amen.

Scripture:***Psalms 51:10***

"Create in me a pure heart, O God, and renew a steadfast spirit within me."

Proverbs 21:2

"A person may think their own ways are right, but the LORD weighs the heart."

Psalms 119:9

"How can a young person stay on the path of purity? By living according to your word."

**21 Day Prayer & Fasting**

DAY 3: TRANSFORM MY MIND

Our minds are transformed as we surrender our lives to God and mature in our faith. We all experience thoughts, situations, and events throughout our lives that challenge and stretch us. As we walk out our faith, our minds are constantly bombarded by thoughts, lies, and worries that come against the truth of God. Our experiences and feelings have the power to shape patterns and behaviors as we respond and react to our environments. The Bible says we have authority in Christ over our present circumstances. We have the authority to react in agreement with the Holy Spirit. As we intentionally discern truth from lies and redirect our thoughts to what God has to say about us, we are transformed. It takes intentional prayer, but the Holy Spirit is always with us to help us in our thoughts. As we yield to the Holy Spirit and embrace the process of God's transforming love, we pursue progression and not perfection. As you continue to walk in your God-given authority your minds and emotions are renewed. As we mature in our relationship with Christ, we declare the promises of God over our lives and we are transformed!

Application/ Reflection:

- What areas of your mind, thoughts, and emotions require fresh surrender to God?
- What is God speaking to you about transforming your mind?
- How do you take your thoughts captive and submit them to God's truth?

Notes:

Prayer:

Lord, I thank You that You invite me, daily, to a fresh surrender to You. I praise Your name, that Your ways are not my ways, and that You are higher than all of my thoughts, emotions, and circumstances. I invite You into my heart and mind today. I pray You change me, renew me, and transform my mind. In Jesus' name, I pray, amen!

Scripture :

Romans 12:2

"Do not conform to the pattern of this world but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will."

Corinthians 10:5

"We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ."

Philippians 4:8

"Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things."

Romans 8:6

"The mind governed by the flesh is death, but the mind governed by the Spirit is life and peace."



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DAY 4: SPIRITUAL GROWTH AND HUNGER

As we seek God first we hunger for more of His presence in our lives. When we think of hunger it is easy to think of food. The truth is we all have desires and necessities in this life. Yes, we have physical hunger but also emotional, intellectual, and spiritual hunger. As Jesus walked the earth, He often described Himself as the "bread of life" telling His people that, "whoever comes to me will never go hungry, and whoever believes in me will never be thirsty". Jesus meets all of our needs. As with any relationship, our relationship with Jesus is a choice, and the desire to pursue a relationship is intentional. With the help of prayer and the Holy Spirit, we progress in our relationship with Jesus by finding our satisfaction in Him. We do not grow stagnant in our relationship as there is always more of God to know, to love, and to experience. It can be tempting when we are satisfied with our relationship with Jesus, to believe the lie that we do not need more of His presence in our lives. The Bible says when we seek God wholeheartedly, we will find Him. So today we ask for more of Him and stand on the promise that he will meet us in our desire. By continuing to hunger after more of the Lord we build our relationship with Jesus and choose to pursue life with Him day after day.

Application/ Reflection:

- What is one practical step you can take to increase your spiritual hunger for the Lord?
- What has God taught you about spiritual hunger?
- How can walking in a Godly community help cultivate and grow your spiritual hunger?

Prayer:

Lord, I need You. Help me never forget that all my needs are satisfied by You and You alone. I repent for times when I sought fulfillment outside of You. I pray that today, You stir a new desire and hunger for You. A new hunger for purity, love, patience, generosity, and service. Today, I chose to invest in this relationship to grow with You and to learn more about Your goodness and faithfulness. God, I pray to experience more of You. In Jesus' name, I pray, amen!

Scripture:

Psalms 107:8-9

"Let them give thanks to the LORD for his unfailing love and his wonderful deeds for mankind, for he satisfies the thirsty and fills the hungry with good things."

Psalms 63:1

"You, God, are my God, earnestly I seek you; I thirst for you, my whole being longs for you, in a dry and parched land where there is no water."

Psalms 34:8

"Taste and see that the LORD is good; blessed is the one who takes refuge in him."

Jeremiah 29:13

"You will seek me and find me when you seek me with all your heart."

Ephesians 4:15-16

"Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ. From him the whole body, joined and held together by every supporting ligament, grows and builds itself up in love, as each part does its work."



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DAY 5: DIVINE VISION AND DIRECTION

As we seek God's Kingdom, He will provide divine vision and direction for our paths. At times, we may have all relied on directions or maps to guide and lead our paths to a new destination. We can have a destination in mind, but without direction to reach our destination, we can feel lost. When we choose to acknowledge God in all of our ways by seeking His will, He will provide direction. During times of prayer and fasting, we consecrate ourselves to the Lord allowing ourselves to grow closer in relationship with Him. It can sometimes be difficult to see or understand God's purpose, vision, and direction for our lives. When we choose to acknowledge God in all of our ways by seeking His presence, He will reveal vision. God speaks through intimacy and a relationship with Him! The Bible says we can trust the Lord to give us a vision for our future. He will also lead our steps with divine direction. Today, we allow God to transform us, and we are made new in His image. Although we may have a plan for our lives, ultimately God is faithful in directing our path and giving us wisdom and vision! We humble ourselves to ask for more of His vision and to direct our lives in accordance to His purpose.

Application/ Reflection:

- Where do you need divine direction and guidance today?
- How do you hear from God?
- How can you incorporate prayer and intentional time with God into your day to cultivate a lifestyle of relying on God for direction in your life?

Notes:

Prayer:

God, I thank You for Your divine direction that is available to me. I acknowledge You as the Lord of my life. Today, I will submit my directions to You. I repent for times when I have pursued my ways over Your ways. I pray that You speak to me today. Show me the way to go and guide my steps. I pray that as You reveal the path ahead of me, I hear Your voice and am quick to obey You. I thank You, for who You are. You are a good father who helps me as I walk in faith. Give me divine direction so I will reach Your divine destination for my life. Lead me, guide me, and direct me as I pursue You. In Jesus' name, I pray, amen!

Scripture:

Habakkuk 2:2-3

"Then the Lord replied: Write the vision and make it plain on tablets so that a herald may run with it. For the vision awaits an appointed time,; it speaks of the end and will not prove false. Though it linger, wait for it; it will certainly come and will not delay."

Proverbs 29:18

"Where there is no vision, people cast off restraint; but blessed is the one who heeds wisdom's instruction."

Proverbs 3:5-6

"Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight."

John 16:13

"But when he, the Spirit of truth, comes, he will guide you into all the truth. He will not speak on his own; he will speak only what he hears, and he will tell you what is yet to come."



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DAY 6: POWER OF THE HOLY SPIRIT

The Holy Spirit is our advantage, a source of power and guidance in our day-to-day life. Living our lives submitted to the Holy Spirit gives us the upgrade in our walk with Christ. The Holy Spirit is not extra, He's essential. Jesus promises the Holy Spirit as our helper! The Bible never refers to the Holy Spirit as "it". The reason this is important is if you don't see Him as a person you will not develop a personal relationship with the Holy Spirit. As we start the year spiritually sharp, we need the guidance and help of the Holy Spirit to lead us. Jesus promises that we are never alone when He departs from the Earth and sends the Holy Spirit to be our teacher and assurance. When the power of the Holy Spirit is released in your life there is a supernatural advantage because God is with you. Is there any area of your life that you need help with? Maybe you need help in your marriage, family, or business. Ask the Holy Spirit! Releasing the power of the Holy Spirit in your life is the ultimate upgrade.

Application/ Reflection:

- What is a specific area in your life that you need the help of the Holy Spirit?
- In what ways is the Holy Spirit speaking to you?

Notes:

Prayer:

God, I thank You for your presence in my life. I thank You for my salvation found in the death and resurrection of Jesus Christ. I thank You that when I receive Jesus, I have access to the person of the Holy Spirit. Holy Spirit, I ask You to open my heart to hear from You. I ask You for guidance to talk and walk with me today. I pray for the ability to listen and obey You as my helper and my advantage. In Jesus' name, I pray, amen!

Scripture :

Luke 24:49

"I am going to send you what my Father has promised; but stay in the city until you have been clothed with power from on high."

Romans 8:26

"In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us through wordless groans."

1 Corinthians 2:13

"This is what we speak, not in words taught us by human wisdom but in words taught by the Spirit, explaining spiritual realities with Spirit-taught words."



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DAY 7: UNITY AND STRENGTH

We are stronger together! We may have experienced situations in our lives that seemed impossible to conquer on our own but found strength, encouragement, and success with the help of others. Today we intentionally pray for unity in the Church and in the world. God created you specifically, and as we embrace our identities and confidence in Christ, we can call out the gold in others. The Bible is clear that where there is unity there is a commanded blessing. We are more effective and powerful as we come together on one accord. Although our perspectives and backgrounds may be different, we can learn and grow from one another to find strength, accountability, love, and courage to run the race set before us. We pray for unity within the Body of Christ and the world to build each other up to pursue the things of God because we belong together.

Application/ Reflection:

- How is God calling you to pursue unity in the Church and in your relationships?
- How can you lay down your preferences in pursuit of unity?
- What do you need from the people around you to be stronger together?

Notes:

Prayer:

God, I thank You for unity in my life. I pray against any division within my relationships and in the Body of Christ. I repent for times when I have been at fault in creating division among my family, friends, and the community that You have called me to. Today, I am deciding that I will fight against division. I will seek unity in all that I do. In Jesus' name, I pray, amen!

Scripture:

1 Corinthians 1:10

"I appeal to you, brothers and sisters, in the name of our Lord Jesus Christ, that all of you agree with one another in what you say and that there be no divisions among you, but that you be perfectly united in mind and thought."

Ephesians 4:3-4

"Make every effort to keep the unity of the Spirit through the bond of peace. There is one body and one Spirit, just as you were called to one hope when you were called"

Colossians: 3:13-14

"Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you. And over all these virtues put on love, which binds them all together in perfect unity."



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DAY 8: HEALING (PHYSICAL, EMOTIONAL, SPIRITUAL)

Today we are seeking God first when it comes to our physical, emotional, and spiritual healing. We live in a day and age where there are so many “solutions” offered to our problems. These “solutions” promise us wholeness and healing. It can be tempting to rely on these things alone to find a quick or temporary distraction, a sense of comfort, or something to numb our pain. God is our source of healing. God is a healer and in Him, we can find comfort and restoration of our physical, emotional, and spiritual health. We all have an area in our life that we need God’s healing. During this time of prayer and fasting, we also have the opportunity to intercede and pray to God on someone else’s behalf for healing. Today, whether there is a specific need that you have for healing or whether you are standing in the gap believing in healing for someone else, we join our faith to seek God first as our healer. Wholeness is found in Him, He is the source of goodness, comfort, and restoration. In our weakness, we find His strength. We turn to Him to seek emotional, physical, and spiritual healing.

Application/ Reflection:

- What are you seeking healing for today?
- What is God speaking to you about His ability to heal?
- In what areas of your life is it difficult to seek God first as your healer

Notes:

Prayer:

God, I thank You that You are my healer. I thank You that today, I can stand on the promise of Your word that You are my healer. I thank You that during my healing, You are with me. That You have never left me nor forsaken me and I can find restoration in You. I pray you expand my understanding of You as a healer. I believe in miraculous healing physically, mentally, and spiritually in my life and the lives of those around me. It is in Jesus' name I pray, amen!

Scripture:

Psalms 147:3

"He heals the brokenhearted and binds up their wounds."

James 5:14-16

"Is anyone among you sick? Let them call the elders of the church to pray over them and anoint them with oil in the name of the Lord. And the prayer offered in faith will make the sick person well; the Lord will raise them up. If they have sinned, they will be forgiven. Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective."

Isaiah:53:4-5

"Surely he took up our pain and bore our suffering, yet we considered him punished by God, stricken by him, and afflicted. But he was pierced for our transgressions, he was crushed for our iniquities; the punishment that brought us peace was on him, and by his wounds we are healed."

Matthew 4:23

"Jesus went throughout Galilee, teaching in their synagogues, proclaiming the good news of the kingdom, and healing every disease and sickness among the people."



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DAY 9: TEACH ME TO LOVE

We never stop learning how to receive and extend God's love. Sometimes, the commandments to "Love the Lord your God with all your heart and with all your soul and with all your mind" or "Love your neighbor as yourself" can sound routine to us. We can quote these verses without understanding the gravity and implications of inwardly understanding and outwardly demonstrating this commandment. The Bible teaches that God is love and that as followers of Christ, we will be recognized by the way we love one another. As we start sharp, we are called to observe, experience, and represent His love. We are only able to extend the amount of love that we are able to receive from God. God is the source of love and light in the world. Since God is love, we are called to be with love and to become love. The depths of God's goodness and love are impossible for us to fully comprehend. God loves us so much that He sent His one, and only, Son to die on the cross to save us. Out of this overflow, we can share God's love with the lost and found people in this world. Imagine the impact on the lives of others we can have by growing in our understanding and ability to receive and extend God's love.

Application/ Reflection:

- Do you see and treat others through the lens of God's love?
- In what ways do you need to recognize God's love for you?
- How can you extend God's unconditional love to the people around you??

Notes:

Prayer:

God, I come to You today asking for a fresh understanding of Your love. I thank You for Your extravagant love which You demonstrated by sending Your Son to die for me to forgive my sins. I pray to experience Your love tangibly, transforming me to become more like You. Show me how I can better love myself and love those around me. I pray to be a vessel, quick to obey, and show Your love to the world! Change the way I love, renew the way I love, transform the way I love. In Jesus' name, I pray, amen.

Scripture :**1John 4:19**

"We love because he first loved us."

1John 4:7-10

"Dear friends, let us love one another, for love comes from God. Everyone who loves has been born of God and knows God. Whoever does not love does not know God, because God is love. This is how God showed his love among us: He sent his one and only Son into the world that we might live through him. This is love: not that we loved God, but that he loved us and sent his Son as an atoning sacrifice for our sins ."

Mark 12:30-31

"Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.' The second is this, Love your neighbor as yourself.' There is no commandment greater than these."

1Corinthians 13:4-8

"Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres. Love never fails."

DAY 10: PEACE IN ALL THINGS

Experiencing peace in all things means that peace is available to you regardless of what things may look like. We all experience different situations that may try to pull our peace from us. The truth of the matter is that peace is not based on our circumstances or our situation but peace is a promise given from God. That in Him, we can call on the Prince of Peace and find our hope in Jesus. Despite what may be facing you today, you are called to be an agent of peace in this world. When we know God is working on our behalf, we can carry ourselves with a holy confidence bringing His peace into any situation. God is not surprised by the day-to-day challenges that we face and He gave us the key to carrying peace by abiding in a relationship with Him. The Bible says that Jesus is the vine and we are the branches, and as we remain connected to Jesus, we will bear fruit. Peace is a fruit of the Spirit, that we can experience in our daily walk. Peace is found internally through connection and dependence on God, however, the fruit is not only for our consumption. The peace we are called to carry as followers of Jesus is powerful! A peace that can de-escalate tension, a peace that fights against fear, worry, and anxiety. Today call upon the peace that can shift the atmosphere of any room you walk into!

Application/ Reflection:

- How have you experienced a peace that doesn't make sense based on your situation?
- How can you carry the Peace of God to shift things around you?
- Where do you need an increase of peace in your life?

Notes:

Prayer:

Lord, I thank You that in You I can experience a peace that surpasses all understanding. I thank You that my peace is not based on what I see around me but on who dwells within me. I thank You that You are with me, You will never leave me, and that in any situation I face, Your peace is for me. I pray against any fear, worry, or anxiety that would try to come against my peace today. In Jesus' name, I pray, amen!

Scripture :

John 16:33

"I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world."

2Thessalonians 3:166

"Now may the Lord of peace himself give you peace at all times and in every way. The Lord be with all of you."

Isaiah 26:3

"You will keep in perfect peace those whose minds are steadfast, because they trust in you."

John 14:27

"Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid."



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DAY 11: WALKING IN HUMILITY AND OBEDIENCE

Today we are deciding to walk in humility. Humility is defined not as thinking less of yourself but as thinking of yourself less. Humility is taking up your God-given space, nothing more, nothing less. We live in a day and age where it seems counterintuitive to make ourselves smaller. At times, we can become absorbed in our achievements, dreams, desires, and worries. We may feel that we need to promote ourselves to stay relevant, receive credit, or even reach our purpose. The Bible instructs us as followers of Christ, to remain humble and submitted. We are empowered through the Holy Spirit to become self-aware in our actions and fight against the temptation to walk in pride. Jesus modeled what it looked like to walk in humility by the way He lived His life and served others in grace and truth. If anyone had an excuse to be prideful it was Jesus. He was God! The Bible says in Philippians 2:6, "Though He was God, He did not think of equality with God as something to cling to." The next time you feel yourself getting consumed by your needs or desires, remember to remain humble by magnifying God and putting Him in His rightful place. We surrender by trusting His ways are higher, in turn, we find peace and freedom.

Application/Reflection:

- What is an area you tend to be prideful in?
- How does walking in humility magnify God in your life?
- What is one thing you can do today, to submit to God by walking in humility? what God has spoken?

Notes:

Prayer:

Lord, I thank You for reminding me that You are always in control. I thank You, that I can remain open-handed with my worries and my wants, trusting Your will for my life. I repent for the ways I have walked in pride. I repent for times when I have been self-centered and missed the mark. I pray that as I humble myself today, You show me grace and favor. I thank You for the relationship I have with You. I pray that as I submit, Your presence and power in my life are magnified. In Jesus' name, I pray, amen.

Scripture :

Philippians 2:5-8

"In your relationships with one another, have the same mindset as Christ Jesus: Who, being in very nature God, did not consider equality with God something to be used to his own advantage; rather, he made himself nothing by taking the very nature of a servant, being made in human likeness. And being found in appearance as a man, he humbled himself by becoming obedient to death— even death on a cross!"

Micah 6:8

"He has shown you, O mortal, what is good. And what does the LORD require of you? To act justly and to love mercy and to walk humbly with your God."

Jeremiah 7:23

"but I gave them this command: Obey me, and I will be your God and you will be my people. Walk in obedience to all I command you, that it may go well with you."

John 14:21

"Whoever has my commands and keeps them is the one who loves me. The one who loves me will be loved by my Father, and I too will love them and show myself to them."

"



21 Day Prayer & Fasting

DAY 12: MIRACLES, SIGNS, AND WONDERS

We have all experienced things in our life that seem inexplicable. During Jesus's ministry, He performed miracles, signs, and wonders to demonstrate His love and compassion for people by healing the sick, raising the dead, and walking on water. These miracles served as a testimony to those who witnessed Jesus's power and authority as the Son of God. The Bible is clear that the power of the Holy Spirit lives within those who believe and know Jesus! Jesus commissioned us, as His followers, to extend His love and compassion to the world and to witness the power of Christ through miracles, signs, and wonders. We have faith that God can do the impossible and is behind inexplicable things. As we continue to pray for God to move in what the world may deem impossible, we ask for God to open our eyes to see His power at work. There is power in collective prayer and belief! As we see the miraculous take place we will glorify the name of Jesus as the author of all things good. We join our faith for all things expecting Him to show up in our lives through miracles, signs, and wonders.

Application/ Reflection:

- How can you increase your faith in God to show up miraculously in your life?
- In what ways have you seen God work unexplainably before?
- Who can you pray for who needs a miracle, sign, or wonder from God?

Notes:

Prayer:

Lord, I thank You for Your glory and Your goodness. I thank You for your loving compassion! Thank You that You have a heart to heal, a heart for restoration, and a heart for life to the fullest. I pray that You increase my awareness of You today. I repent for times I have tried to take credit or claim responsibility for Your work in my life. I repent for my pride. I pray that You expand my faith for signs, miracles, and wonders. Speak to me today! Renew my heart, restore my motives, and transform me for Your glory. In Jesus' name, I pray, amen.

Scripture:

Acts 4:29-31

"Now, Lord, consider their threats and enable your servants to speak your word with great boldness. Stretch out your hand to heal and perform signs and wonders through the name of your holy servant Jesus." After they prayed, the place where they were meeting was shaken. And they were all filled with the Holy Spirit and spoke the word of God boldly."

John 14:12-13

"Very truly I tell you, whoever believes in me will do the works I have been doing, and they will do even greater things than these, because I am going to the Father. And I will do whatever you ask in my name, so that the Father may be glorified in the Son."

Luke 8:43-48

"And a woman was there who had been subject to bleeding for twelve years, but no one could heal her. She came up behind him and touched the edge of his cloak, and immediately her bleeding stopped. "Who touched me?" Jesus asked. When they all denied it, Peter said, "Master, the people are crowding and pressing against you." But Jesus said, "Someone touched me; I know that power has gone out from me." Then the woman, seeing that she could not go unnoticed, came trembling and fell at his feet. In the presence of all the people, she told why she had touched him and how she had been instantly healed. Then he said to her, "Daughter, your faith has healed you. Go in peace."

Mark 16:20

Then the disciples went out and preached everywhere, and the Lord worked with them and confirmed his word by the signs that accompanied it."

DAY 13: JOY OF THE LORD

The joy of the Lord is everlasting and it is always available to us. It can be easy to confuse the joy of the Lord with happiness.

Happiness is a feeling or an emotion that can come or go based on any number of factors around you. Sometimes we can get tricked into thinking if something changes we will find happiness. Maybe if we just get enough money in our bank account or if we meet the right person, or reach our goals then we will be happy. The truth is God's Word offers us an even better promise. In Jesus, we have access to the joy of the Lord which is not dependent upon our emotions or our achievements but is eternally found in Him. The joy of the Lord is the gladness and gratefulness in our hearts that overflow from trusting and building a relationship with God. The Bible says the joy of the Lord is our strength! His joy may not make sense given our circumstances, but it is what pushes us forward and sustains us to not only survive but thrive. The joy of the Lord is what left Peter and Silas worshiping and praising the goodness of God even though they found themselves in a prison cell. The joy we carry as believers in Christ is contagious and reflects the love of God and His goodness to those we encounter.

Application/ Reflection:

- How have you confused joy with happiness before?
- Where do you need a fresh perspective of the joy of the Lord in your life?
- How can you encourage someone around you with the joy of the Lord today?

Notes:

Prayer:

Lord, I thank You that Your joy is my strength. I thank You that by remaining in a relationship with You, I have access to Your joy at all times. Even during a trial, I can count it joy because You are with me and for me. I thank You that I can carry Your joy wherever I go. In Jesus' name, amen!

Scripture

Romans 15:13

"May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit."

Nehemiah 8:10

"Nehemiah said, "Go and enjoy choice food and sweet drinks, and send some to those who have nothing prepared. This day is holy to our Lord. Do not grieve, for the joy of the LORD is your strength."

Psalms 16:11

"You make known to me the path of life; you will fill me with joy in your presence, with eternal pleasures at your right hand."

Psalms 30:5

"For his anger lasts only a moment, but his favor lasts a lifetime; weeping may stay for the night, but rejoicing comes in the morning."



21 Day Prayer & Fasting

DAY 14: GROW IN WISDOM

When we ask for wisdom, God listens! Day to day, we face so many challenges and questions; decisions that we must make. Some choices are small, and others have a significant impact on our lives and others around us. We all operate out of our free will to make decisions based on many factors that can influence our choices. However, there may have been times in your life when you either did not have the understanding, information, or insight to make the best decisions. The Bible says that when we ask for wisdom, God responds generously, without reproach. The Holy Spirit is our helper and advantage, giving us insight and guidance in our daily choices and interactions. Today, we ask the Lord for wisdom. We believe there is power in prayer and power in linking our faith with one another. We sit in expectancy for how God will generously respond to these prayers giving us wisdom and direction!

Application/ Reflection:

- How have you seen God answer your prayers as you have sought wisdom in your life?
- What decisions are you facing that you need wisdom from God?
- How can you intentionally be praying for Transformation Church and others around you?

Notes:

Prayer:

Lord, I thank You that You are a God who listens and responds generously to my prayers. I ask for wisdom. I pray that as I intercede today for those around me You respond quickly and speak to those who need to hear Your voice. I pray that as You speak, I will respond in obedience to Your voice above all else. Holy Spirit, I thank You that You are my helper and You will guide me when I do not know what to do. I invite You into my heart and my decisions today. You are welcome here, have Your way. In Jesus' name, I pray, amen.

Scripture:

Proverbs 2:6-7

"For the LORD gives wisdom; from his mouth come knowledge and understanding. He holds success in store for the upright, he is a shield to those whose walk is blameless"

Proverbs 16:166

"How much better to get wisdom than gold, to get insight rather than silver!"

Proverbs 19:8

"The one who gets wisdom loves life; the one who cherishes understanding will" soon prosper."



21 Day Prayer & Fasting

DAY 15: TRUSTING IN GOD'S PLAN

Trusting in God's plan requires faith that His plan is better than our own. We all experience points in our lives where we have a plan or an expectation for how we want something to go. Maybe it's a plan for your career, a timeline for your relationship, or a budget for your finances. Our lives can be filled with our plans, but today we lay aside our plans and ask God to help us trust in His plan for our lives. In surrendering our lives to God, we admit that we are unable to save ourselves. Jesus did what we could not when he lived a sinless life and died to save us. As we submit to Jesus as Lord of our lives, we acknowledge that His ways are higher and ask for His will, not our own. We not only have faith in our salvation, but we have trust in knowing that God is all-powerful and above all things in our lives. As we grow in our faith and trust, we take a moment to remember all that God has done to get us here. Every day is a fresh opportunity to experience God's faithfulness and trust Him more. We are praying for an increase in our faith and trust as we seek God first.

Application/Reflection:

- How has God been faithful in your life?
- What areas of your life do you need to trust God with?
- What are practical ways you can develop your faith and trust in God?

Notes:

Prayer:

Lord, I thank You for your Son, Jesus. I repent for times when I have confined my understanding of Your power and ability to transform my life. I pray that You remind me of Your faithfulness and goodness in all things. Thank You that You are all-knowing and sovereign and You reign above everything in my life. I love You. In Jesus' name, I pray, amen.

Scripture :

Isaiah 26:3-4

"You will keep in perfect peace those whose minds are steadfast, because they trust in you. Trust in the LORD forever, for the LORD, the LORD himself, is the Rock eternal."

IIsaiah 55:8-9

"For my thoughts are not your thoughts, neither are your ways my ways," declares the LORD. "As the heavens are higher than the earth, so are my ways higher than your ways and my thoughts than your thoughts."

Psalms 56:3-4

"When I am afraid, I put my trust in you. In God, whose word I praise— in God I trust and am not afraid. What can mere mortals do to me."

Romans 8:28

"And we know that in all things God works for the good of those who love him, who have been called according to his purpose."



21 Day Prayer & Fasting

DAY 16: STEWARDSHIP AND PROVISION

God operates out of abundance! At times, it is easy to fall into fear or worry about the resources and provisions we need in our lives. We all have dreams or desires and very real needs that we believe God will provide. We have to fight against the temptation to see the world through a lens of scarcity, and instead lean into the promises of God. God is our provider, He is all-powerful and generous! The Bible says that God will provide for all of our needs and He has unlimited resources. He is THE source. As we have learned, the Bible says in Matthew 6:33, "To seek first the kingdom of God and His righteousness, and all these things will be added to you." In the verses leading up to Matthew 6:33, Jesus is teaching His disciples to not worry or be anxious about food, clothing, or the resources we consider basic needs. He teaches us when we fix our eyes on God and His Kingdom, He will provide for us. God loves you, cares for you, and has plans for your future. Ask God to help you to discern between your "needs" and "wants". Trust that God's timing is perfect and rest easy that there is nothing too big or too small for God. By divorcing the lack mindset, we remove the cap we have placed on God. Maybe the cap looks like limiting how or when we think God can move, and provide in our lives. Today, we chose to press into knowing and trusting in God's abundance. We ask Him to change our circumstances, provide for us, and help us in turn, be a reflection of His generosity toward us and steward well over what we are given.

Application/ Reflection:

- In what ways have you capped God in your life?
- How can you combat lies that you have believed regarding God's stewardship and provision over your life?
- What is God speaking to you about His stewardship and provision?

Notes:

Prayer:

Lord, I pray that as I read Your Word You will help me understand Your abundance and provision for my life. I pray that You will reveal to me the promises that You have for my life. I pray that as I wait for Your perfect timing for my needs and desires, I will grow in my relationship with You. Forgive me for putting a cap on what You could do in my life. I trust that You are my provider, You are all-powerful, and You are a generous Father. You are worthy of all the glory and honor in my life! Thank You for Your stewardship and provision. In Jesus' name, I pray, amen.

Scripture:

Philippians 4:19

"And my God will meet all your needs according to the riches of his glory in Christ Jesus."

Matthew 6:25-26

"Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?"

2 Corinthians 9:6-8

"Remember this: Whoever sows sparingly will also reap sparingly, and whoever sows generously will also reap generously. Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver. And God is able to bless you abundantly, so that in all things at all times, having all that you need, you will abound in every good work."

DAY 17: GIVE ME SELF CONTROL

Today we are asking God to help us grow strong in self-control as we seek to obey Him. At times, we have all found ourselves struggling to do what we know is right. Maybe for you, it's a new routine, discipline, or pattern you are trying to implement. Maybe you are trying to break a way of thinking, an unhelpful pattern, or walk away from temptation. Firstly, know you are not alone. We all have sinned and fallen short of the glory of God! In Romans chapter 7, Paul writes about the struggle of fighting our flesh and obeying God! Jesus set us free from sin and His grace is sufficient for our imperfection. There is no condemnation in Jesus. The Holy Spirit will help lead you and guide you as you follow Him. Remember, it's about progression and not perfection. True submission requires self-control because our flesh and our Spirit can want different things. Prayer and fasting is a spiritual discipline that helps us grow in self-control because it quiets our fleshly desires and strengthens our Spirit to obey God. As we seek to grow in self-control, remember we have access to a strength that is beyond us to deny our flesh and desire God's will as we remain connected to Him.

Application/ Reflection:

- Where do you need an increase in self-control?
- What is God asking you to surrender to Him?
- How can the fruit of self-control be seen in your life?

Notes:

Prayer:

Lord, I thank You for Your Holy Spirit. I thank You for my Helper who leads me into Your will and Your way for my life. I repent for the times I have missed the mark. I pray that I can practice deeper levels of self-control as I obey You. I pray that my life will glorify You and that I will be a light to those around me. I thank You for freedom and victory. In Jesus' name, amen!

Scripture:**2 Timothy 1:7**

"For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline."

Proverbs 25:28

"Like a city whose walls are broken through is a person who lacks self-control."

James 1:19-21

My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry, because human anger does not produce the righteousness that God desires. Therefore, get rid of all moral filth and the evil that is so prevalent and humbly accept the word planted in you, which can save you."

2 Peter 1:3-11

"His divine power has given us everything we need for a godly life through our knowledge of him who called us by his own glory and goodness. Through these he has given us his very great and precious promises, so that through them you may participate in the divine nature, having escaped the corruption in the world caused by evil desires. For this very reason, make every effort to add to your faith goodness; and to goodness, knowledge; and to knowledge, self-control; and to self-control, perseverance; and to perseverance, godliness; and to godliness, mutual affection; and to mutual affection, love."

DAY 18: SPIRITUAL DISCERNMENT

In this time of prayer and fasting, we are asking the Lord for an increase in our spiritual discernment. We all have desires, dreams, and wishes. Some are divinely inspired by God and some are our own will. How do we decipher what is our will versus God's will? We discern by leaning into the Holy Spirit and asking the Lord for more spiritual discernment. We ask the Holy Spirit to help identify what is our will and be honest with ourselves (and God) when we struggle to release an outcome to Him. We are created to live life in community and sharpen our discernment within the council of others. We can build our discernment by thinking about whether a decision or situation is bringing us closer to God. Is the outcome creating character in you that is a reflection of Christ or producing Fruit of the Spirit? As you open your heart to the will of God and spend time quieting yourself in His presence He will meet you in any decision you face. God teaches us that we are to seek, understand, and rely on the Spirit of God. We must meditate on scripture and spend intentional time getting familiar with His voice. Today, as we acknowledge God as the ultimate source of wisdom, truth, and light we pray that our spiritual discernment increases.

Application/ Reflection:

- Where do you need an increase of spiritual discernment in your life?
- What decisions or plans are you finding hard to release to the will of God?
- What Fruits of the Spirit are growing in your discernment and decision-making process?

Notes:

Prayer:

Lord, You are the source of all wisdom and truth. I thank You for Your Word which I can stand on as I face the situations that surround me. I thank You that in this time of prayer and fasting, I am seeking You first to lean not on my own understanding, but relying on Your ways and Your will. I ask that You sharpen my discernment and that You mature me in my faith and my understanding of the Holy Spirit. I pray that as I rely on You, You transform my heart, thoughts, and the lives of those around me for Your glory. In Jesus' name, amen!

Scripture:

Hebrews 5:14

"But solid food is for the mature, who by constant use have trained themselves to distinguish good from evil."

1 Corinthians 2:14

"The person without the Spirit does not accept the things that come from the Spirit of God but considers them foolishness, and cannot understand them because they are discerned only through the Spirit."

James 1:5

"If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you."

Galatians 5:22-23

"But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law."



21 Day Prayer & Fasting

DAY 19: COMMITMENT TO THE CALL

When we commit our lives to Christ, we must choose to remain committed to the calling that God has on our lives. As we walk throughout our daily lives, there are many options on what we give our time, treasure, and talents toward. We make decisions on our level of commitment to these different areas and how we prioritize these commitments. This year, we are making a conscious decision to seek God first through prayer and fasting. We are committing not only to start sharp spiritually today but to remain committed to the call on our lives every day. The Bible instructs us to love others, love the Lord, and seek His will for our lives. We are called as followers of Christ to carry our cross, deny our flesh, and reflect the love of God. Jesus gives His disciples authority to go out and make disciples calling us to share His love with the world. This is the choice we must commit to daily. We have the choice to obey the call of God on our lives. The choice to love as disciples as Christ. The choice to live our daily lives in union with the Holy Spirit. The choice to make disciples of Christ by sharing the love of God, and the good news of the Gospel. Today we are committing to be decided in walking out our calling.

Application/ Reflection:

- What is God speaking to you about your Kingdom calling?
- How do you remain committed to seeking God's calling on your life first?
- How can you share the love of God with those around you?

Notes:

Prayer:

Lord, I thank You for the call You have on my life. I thank You that You have kept me and sustained me. Today, I commit my heart to remain steadfast in the Kingdom calling You have given me. I pray You help me make Your will my priority. I pray that people will look at my life and see Your reflection. Open my ears to hear You, Holy Spirit. I repent for times my commitment has lacked and today I chose to seek You first. In Jesus' name, I pray, amen.

Scripture:

1 Peter 1:5-10

"who through faith are shielded by God's power until the coming of the salvation that is ready to be revealed in the last time. In all this you greatly rejoice, though now for a little while you may have had to suffer grief in all kinds of trials. These have come so that the proven genuineness of your faith—of greater worth than gold, which perishes even though refined by fire—may result in praise, glory and honor when Jesus Christ is revealed. Though you have not seen him, you love him; and even though you do not see him now, you believe in him and are filled with an inexpressible and glorious joy, for you are receiving the end result of your faith, the salvation of your souls. Concerning this salvation, the prophets, who spoke of the grace that was to come to you, searched intently and with the greatest care"

2 Timothy 1:9

"He has saved us and called us to a holy life—not because of anything we have done but because of his own purpose and grace. This grace was given us in Christ Jesus before the beginning of time"

Romans 11:29

"for God's gifts and his call are irrevocable."

2 Thessalonians 1:11

"With this in mind, we constantly pray for you, that our God may make you worthy of his calling, and that by his power he may bring to fruition your every desire for goodness and your every deed prompted by faith."

DAY 20: SPIRITUAL WARFARE

Prayer is our weapon when it comes to fighting very real, but sometimes unseen spiritual battles! We live in a fast-paced world and when we face challenges it can be our tendency to seek practical or non-spiritual solutions to our problems. As we start the year spiritually sharp, we encourage you to have prayer be your first response, not your last resort! At times, our battles are not just practical, mental, or emotional, but spiritually rooted. The Bible says in Ephesians 6:12, "For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this world's darkness, and the spiritual forces of evil in the heavenly realms." We do not need to fear, as we walk in the victory of Jesus Christ as He already conquered death through His resurrection. We live in the tension of knowing we have the ultimate victory in Jesus while still fighting off attacks of the enemy on this earth. We are equipped with the Holy Spirit, prayer, and the Word of God. The Bible is filled with the truth and promises of God to fight back in the Spirit and to push forward the will of God through our prayers.

Application/ Reflection:

- How is God asking you to fight spiritually for His will in this world and your life?
- How can you intercede and pray against spiritual warfare in the lives of those around you?
- How have you experienced victory in Jesus?

Notes:

Prayer:

Lord, I repent for times when I searched for earthly solutions to spiritual problems. I pray that you sharpen my discernment when it comes to spiritual matters. I pray you would heighten my awareness of spiritual attacks and of the resources that you have equipped me with to fight and win spiritual battles. Thank you that no weapon formed against me shall prosper! I pray that you intervene on my behalf and the behalf of my loved ones. I pray against any attack of the enemy over my mind, my health, and my spirit. I am claiming victory and protection in Jesus' name. Amen!

Scripture:

Ephesians 6:10-12

"Finally, be strong in the Lord and in his mighty power. Put on the full armor of God, so that you can take your stand against the devil's schemes. For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms."

2 Corinthians 10:3-5

"For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ."

Isaiah 54:17

"no weapon forged against you will prevail, and you will refute every tongue that accuses you. This is the heritage of the servants of the Lord, and this is their vindication from me," declares the Lord."

DAY 21: SALVATION OF THE LOST

As disciples of Christ, we are called to spread the good news of the gospel leading others to salvation. Jesus calls us all to follow Him as He came to save all of humanity. We are created in God's image and carry a unique reflection of our Creator. Because we live in a sinful and fallen world, we all need and receive salvation through God's grace and not through our works. When we come into a relationship with Jesus, we are made new. The Bible says that Jesus came to find and save all those who are lost. We are invited to partner with God to stand in the gap and pray for those around us who do not know Jesus. We are called to testify of God's goodness and share our transformation in Christ with others. As we partner with God we build His kingdom with eternal impact in mind. The reflection of God in us and the power of our testimony can impact those around us. Our progression and not perfection allows us to be H.O.T. (humble, open, and transparent) and share what God is doing in our hearts. As we live authentically for Christ we invite others to do the same by receiving salvation and experiencing God's grace and love in their own lives.

Application/ Reflection:

- How has God saved you and transformed your life?
- Write down and pray for those in your life who are lost or far from Christ.
- How can you share what God has done in your life with those around you who are far from God?

Notes:

Prayer:

Lord, I thank You for Your saving grace. I thank You for the gift of salvation through Your Son, Jesus Christ. Today, I stand in the gap praying that You will soften the hearts of those who are lost and far from You. No one is too far from Your love to be touched and transformed by You. I believe in faith that those in my life who do not know You will come to a relationship with You! I will testify of Your glory and praise Your name. In Jesus' name, amen!

Scripture:

John 6:44

"No one can come to me unless the Father who sent me draws them, and I will raise them up at the last day."

James 4:8

"Come near to God and he will come near to you. Wash your hands, you sinners, and purify your hearts, you double-minded."

Matthew 4:17

"From that time on Jesus began to preach, "Repent, for the kingdom of heaven has come near."

Ezekiel 37:1-14

"The hand of the LORD was on me, and he brought me out by the Spirit of the LORD and set me in the middle of a valley; it was full of bones. He led me back and forth among them, and I saw a great many bones on the floor of the valley, bones that were very dry. He asked me, "Son of man, can these bones live?" I said, "Sovereign LORD, you alone know." Then he said to me, "Prophecy to these bones and say to them, 'Dry bones, hear the word of the LORD! This is what the Sovereign LORD says to these bones: I will make breath enter you, and you will come to life. I will attach tendons to you and make flesh come upon you and cover you with skin; I will put breath in you, and you will come to life. Then you will know that I am the LORD."

We hope this plan encouraged you as we look forward to a powerful and impactful 2026!




Experience & share the love of Jesus



 SCAN ME

 511 Celebration Ave.

 407-566-1633

 office@commpres.com

 www.commpres.com