



Community Presbyterian Church

Soul Care Ministries Resources

WEB Resources: Aging & Caregiving

Compiled by: Anne Harbison Lucas, MS, CMC
407-361-8426 anne@ahlinc.net www.ahlinc.net

ADVANCE DIRECTIVES

A.N.D.	www.allowingnaturaldeath.org
The Conversation Project	conversationproject.org
Five Wishes	www.agingwithdignity.org
HIPAA releases	http://www.caring.com/forms/hipaa-release-form <i>(also state- and facility-specific forms)</i>
Medical Jewelry	www.americanmedical-id.com
National Healthcare Decision Day	www.nhdd.org
National Hospice & Palliative Care Org.	www.caringinfo.org
POLST	www.polst.org
Your Way	www.help4srs.org

BENEFITS CHECKUP

Centers Medicare & Medicaid Services	www.BenefitsCheckUp.org	
	www.medicare.gov	800-633-4227

CAREGIVING

aarp.org	<i>(I (heart) caregivers)</i>
agingCare.com	
alz.org	<i>(Alzheimer's Association)</i>
alzfdn.org	<i>(Alzheimer's Foundation) – see especially their House of Care</i>
aoa.ad.gov	<i>(AOA Programs – National Family Caregiver Support Program)</i>
aplaceformom.com	
careflash.com	
caregeneration.com	
caregiver.org	<i>(Family Caregiver Alliance)</i>
caregiving.org	
caringbridge.org	
caregiverstress.com	<i>(the 40-70 Conservation)</i>
dailyaring.com	
helpforcaregivers.org	

intentionalcaregiver.com
liftcaregiving.org
lotsahelpinghands.com
mycaregivingcoach.com
nationalallianceforcaregiving.org
nextavenue.org
nextstepincare.org *(Family Caregiver's Guide to Care Coordination)*
sharethecare.org
todayscaregiver.com

COUNSELING/SUPPORT

Licensed Professional Counselors	www.counseling.org
Life Coaches	www.coachfederation.org
Life Review	www.writingyourlife.org www.createyourlifestory.com www.legacyportraitfilms.com
Stephen Ministries	www.stephenministries.org
The 40/70 Conversation	www.caregiverstress.com

EDUCATION

50 Plus Leadership	www.src.edu
Lifelong Learning Institutes	www.osherfoundation.org <i>(plus local unaffiliated programs)</i>
Oasis	www.oasisnet.com

ELDER LAW ATTORNEY (Central FL)

www.naela.com	(520) 881-4005
www.nelf.com	

FINANCIAL

Boston College Center for Retirement Research	crr.bc.edu/
Chartered Financial Consultant	www.chfchigheststandard.com
Chartered Investment Counselor	www.afcpe.org
Certified Financial Planner	www.cfp.net
CPAs and Personal Financial Specialist	www.aicpa.org
MetLife Mature Market Institute	www.metlife.com/assets <i>(preventing-elder-financial-abuse-older-adults)</i>
National Association of Personal Financial Advisors	www.NAPFA.org
National Financial	www.nationwide.com
Dave Ramsey	www.daveramsey.com

GERIATRIC CARE MANAGEMENT

Aging Life Care Association	www.aginglifecare.org	(520) 881-8008
-----------------------------	--	----------------

GERIATRIC PHYSICIANS

Geriatricians	www.healthgrades.org
Community Presbyterian Church, Celebration, FL	407-566-1633

Medical home doctors	http://recognition.ncqa.org
Osteopathic doctors	www.osteopathic.org
Psychiatrists	Gmhfonline.org

HOSPICE

Hospice Foundation of America	Hospicefoundation.org	800-854-3402
National Hospice and Palliative Care	www.nhpco.org	703-837-1500

LONGEVITY

Life Expectancy Calculator	www.lifespancalc.com
New England Centenarian Study	www.livingto100.com
Vitality Compass	www.bumc.bu.edu
	www.bluezones.com

MEDIATION

Conflict Resolution Mediators	www.acrnet.org	
	www.mediate.com	541-345-1629

MEDICAL

Alcoholics Anonymous	www.aa.org
Al-Anon	www.al-anon.org
Alzheimer’s Association	Alz.org
Alzheimer’s Foundation	Alzfdn.org
Cancer	www.cancersupport.com
	www.cancer.org
Cardiac	www.mendedhearts.org
Diabetes	www.dlife.com
Homeopathy	www.nationalcenterforhomeopathy.org
Mental Health	www.nami.org
	www.aagponline.org
Parkinson’s	www.parkinsons.org
	www.pdf.org
<i>(and others)</i>	

MEDICARE HELP

Medicare and Medicaid	www.medicaid.gov	
	www.medicare.gov	
	www.medicarerights.org	800-333-4114
<i>(or find your state’s version of cahealthadvocates.org)</i>		

NURSING HOMES

Medicare.gov/Nursing Home Compare

OTHER:

Consumer’s Guide to Long-Term Care	State Offices	
Certified Aging in Place Specialists	www.nahb.org	
National Aging in Place Council	www.ageinplace.org	202-939-1770
National Association of Area Agencies on Aging	www.n4a.org	

PERSONAL HEALTH RECORD
Professional Organizers
TEPSAT Self-Assessment

www.myphr.com
www.napo.net
www.elderornot.com

856-380-6828

REAL ESTATE

Seniors Real Estate Specialists www.seniorsrealestate.com

SENIOR ASSOCIATIONS

American Association of Mature Adults amac.us
American Seniors americanseniors.org
Generation America GenerationAmerica.org

SENIOR LIVING

Best Cities for Aging www.MilkenInstitute.org
Co-Housing www.cohousing.com
Shared Housing www.GoldenGirlsNetwork.org
New Lifestyles www.newlifestyles.com
Village to Village www.vtvnetwork.org

TECHNOLOGY/INNOVATION

Aging2.0 Innovations www.aging2.com
Age Power Tech www.AgePower.org
Center for Technology and Aging www.techandaging.org
InnovateLTC www.innovateltc.com
LeadingAge's Center for Aging Services www.agingtech.org

(and other organizations supporting entrepreneurial solutions for an aging population)

VA BENEFITS

Aid and Attendance Benefits www.veteranaid.org
Veterans Service Organization www.vabenefits.vba.va.gov

*Please help us keep this resource up-to-date; call the church office (407-566-1633 x 207)
if you find helpful additions or outdated information.*