



## Community Presbyterian Church Soul Care Ministries Resources

### Aging and Caregiving Literature

- Agronin, M. (2011). *How we age: A doctor's journey into the heart of growing old*. Philadelphia, PA: Da Capo Press.
- Beach, S. (2008). *Ambushed by grace: Help and hope on the caregiving journey*. Grand Rapids, MI: Discovery House.
- Beattie, M. (1990). *The language of letting go: Daily meditations for codependents*. Hazelden Meditation Series.
- Berman, C. (2005). *Caring for yourself while caring for your aging parents*. New York, NY: Holt Paperbacks.
- Byock, I. (2004). *The four things that matter most: A book about living*. New York, NY: Atria Press.
- Capossela, C. & Warnock, S. (2004). *Share the care: How to organize a group to care for someone who is seriously ill*. New York, NY: Fireside.
- Cole, A.H. (2008). *Good mourning: Getting through your grief*. Louisville, KY: John Knox Westminster Press.
- Cress, C. J. & Peterson, K. C. (2010). *Mom loves you best: Forgiving and forging sibling relationships*. Far Hills, NJ: New Horizon Press.
- Davenport, G. (2006). *Working with toxic older adults: A guide to coping with difficult elders*. New York, NY: Springer Publishing Company.
- Dossey, L. (1995). *Healing Words: The Power of Prayer and the Practice of Medicine*. New York, NY: Harper Collins Publishers.
- Erikson, E. & Erikson, J. (1998). *The life cycle completed*. New York, NY: W.W. Norton & Company.
- Fagerland, L. (2007). *Prayers for seniors: From your heart to God's ears*. Self-published.
- Fischer, K. (1998). *Winter grace: Spirituality and aging*. Nashville, TN: Upper Room Books.
- Gawande, A. (2014). *Being mortal: Medicine and what matters in the end*. London, England: Profile Books.
- Graham, M.J. (2014). *When he sends redbirds: Walking through emotions as a caregiver*. Nashville, TN: Hidden Crosses.

- Griffin, G. (2013). *Alone with God in his sanctuary: Devotional affirmations – Sanctuary prayer*. Palos Verdes, CA: Griffin Communications.
- Gurian, M. (2013). *The wonder of aging: A new approach to embracing life after fifty*. New York NY: Atria Books.
- Haugk, K.C. & McKay, W.J. (1984). *Christian caregiving: A way of life*. Minneapolis, MN: Augsburg Publishing House.
- Haugk, K.C. (2004). *Don't sing songs to a heavy heart: How to relate to those who are suffering*. St. Louis, MS: Stephen Ministries.
- Kardasis, A., Larsen, R., Thorpe, C., & Trippe, B. (2011). *Mom always liked you best: A guide for resolving family feuds, inheritance battles, and eldercare crises*. Agreement Decisions, LLC.
- Koch, R.N. & Haugk, K.C. (1992). *Speaking the truth in love: How to be an assertive Christian*. St. Louis, MO: Stephen Ministries.
- Life Planning Network. (2013). *Live smart after 50!* Boston, MA: Life Planning Network.
- Loverde, J. (2009). *The complete eldercare planner, revised and updated edition: Where to start, which questions to ask, and how to find help*. New York, NY: Three Rivers Press.
- Luskin, F. (2003). *Forgive for good*. New York, NY: HarperCollins Publishers.
- Mace, N.L. & Rabins, P.V. (2012). *The 36-hour day: A family guide to caring for people who have Alzheimer disease, related dementias, and memory loss*. Baltimore, MD: Johns Hopkins Press Health Book.
- Macfie Sobel, J. & Sobel, K. (2013). *Love and forgetting: A husband and wife's journey through dementia*. Toronto, Canada: Second Story Press.
- McCullough, D. (2009). *My mother, your mother: Embracing "slow medicine," the compassionate approach to caring for your aging loved ones*. New York, NY: HarperCollins Publishers.
- Morris, V. & Hansen, J.C. (2014). *How to care for aging parents, 3<sup>rd</sup> Edition: A one-stop resource for all your medical, financial, housing, and emotional issues*. New York, NY: Workman Publishing Co., Inc.
- Nouwen, H.J.M. & Mogabgab J. S. (2011). *A spirituality of caregiving (Henri Nouwen Spirituality)*. Nashville, TN: Upper Room Books.
- Pegues, D.S. (2009). *Confronting without offending: Positive and practical steps to resolving conflict*. Eugene OR: Harvest House Publishers.
- Pipher, M., Ph.D. (2000). *Another country: Navigating the emotional terrain of our elders*. New York, NY: Riverhead Books.

- Russo, F. (2010). *They're your parents, too!: How siblings can survive their parents' aging without driving each other crazy*. Bantam.
- Samples, P. (1991). *Self-care for caregivers: A twelve step approach*. Center City, MN: Hazelden.
- Sheehy, G. (2010). *Passages in Caregiving: Turning chaos into confidence*. New York, NY: HarperCollins.
- Sweeting, G. & Sweeting, D.W. (2012). *How to finish the Christian life: Following Jesus in the second half*. Chicago, IL: Moody Publishers.
- Tibbitts, D. (2008). *Forgive to live: How forgiveness can save your life*. Nashville, TN: Integrity Publishers.
- Southwick, S.M. & Charney D.S. (2012). *Resilience: The science of mastering life's greatest challenges*. New York, NY: Cambridge University Press.
- Thibault, J.M. (1998). *A deepening love affair: The gift of God in later life*. Nashville, TN: Upper Room Books.
- Thibault, J.M. & Morgan, R.L. (2012). *Pilgrimage into the last third of life: 7 gateways to spiritual growth*. Nashville, TN: Upper Room Books.
- Viorst, J. (1998). *Necessary Losses: The loves, illusions, dependencies, and impossible expectations that all of us Have to give up In order to grow*. New York, NY: Fireside.
- Warren, R. (2013). *The purpose driven life: What on earth am I here for?.* Grand Rapids, MI: Zondervan.